

# Welcome to FirstU Ottawa!

## NEXT WEEK'S SERVICE

TBA

## COMING UP

- TODAY, July 28 at 9:45am - Summer Choir (Worship Hall)
- Tuesday, July 30 at 1:00pm - Tai Chi (Fellowship Hall)
- Wednesday, July 31 at 9:00am - Drop-In Art Morning (Room 3)
- Wednesday, July 31 at 1:00pm - Knitting Group (Room 3)
- Wednesday, July 31 at 7:00pm - Meditation Group (Online)

*Mark Your Calendars! **Fall Fair 2024** is scheduled for Saturday, November 16!*  
<https://www.firstunitarianottawa.ca/fall-fair.html>



## SUNDAYS AND BEYOND

To learn about everything going on at FirstU, please sign up to receive the eUU, our weekly electronic newsletter. Use the QR code below, or check out our website: [www.firstunitarianottawa.ca](http://www.firstunitarianottawa.ca)



Read this week's eUU



Sign up to receive the eUU

# Order of Service

Sunday, July 28, 2024

10:30am

## UbUUntu and Mandela's Optimism

With Alex Campbell



**FIRST UNITARIAN**  
CONGREGATION OF OTTAWA

We acknowledge that our campus is located on traditional, unsundered and unceded Algonquin Anishinaabeg Territory; and that the work of reconciliation is a responsibility of our congregation, and of all Canadians.

# Order of Service

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## BOARD ANNOUNCEMENTS

*Nancy Cloutier*

## PRELUDE

*Sawabona (I See You), (see screen), Jenn Berntson*

## OPENING WORDS

*Alex Campbell and Kate Kirkwood*

## OPENING HYMN

*Come Sing a Song With Me #346 (grey)*

## CHALICE LIGHTING

*From Long Walk to Freedom, by Nelson Mandela,  
read by Kate Kirkwood*

## CHALICE LIGHTING SONG

*Jenn Berntson*

## JOYS AND SORROWS

*Kate Kirkwood and Alex Campbell*

## MOMENT OF SILENCE

## MUSIC FOR RETURNING

*Jenn Berntson*

## READING

*Kate Kirkwood*

## REFLECTION

*“UbUUntu and Mandela’s Optimism” by Alex Campbell*

## ANTHEM

*Sikirileke, performed by Jenn Berntson and the Summer Choir*

## INVITATION TO OUR OFFERING

*Kate Kirkwood*

## HYMN

*n’kosi Sikelel ’i Africa, #171 (grey)*

## EXTINGUISHING THE CHALICE

*Words by Nelson Mandela, read by Alex Campbell*

## CLOSING HYMN

*Spirit of Life, (see screen), Jenn Berntson*

## BENEDICTION

*Alex Campbell*

## POSTLUDE

*Jenn Berntson*

Join us in Fellowship Hall, after the service, for Coffee Hour.  
Grab a green mug to let us know if you’re feeling new or would welcome a conversation!